

SYSTEMA

Russian Martial Art Seminar

Sunday January 29th, 2012 1:00-5:00pm

In association with the 2012 Pacific Martial Arts Conference



Kaizen Taki, a Systema Instructor certified by Vladimir Vasiliev, will present aspects of Systema at an exclusive one day Eugene Seminar.

Location:

Best Martial Arts
795 Almaden Street
Eugene, OR 97402

Cost:

\$50

Recommended clothing:

Loose pants and a t-shirt.

The content covered will be appropriate for both "beginner" and "advanced" martial arts practitioners interested in exploring the unique training methods of Systema.

Sponsored by BMAI and Eugene Systema

bmai.org

eugenesystema.com

Preregistration payments can be made by PayPal to
matthewlowes@gmail.com

Questions? Email Matt Lowes, Eugene Systema Instructor, at
matthewlowes@gmail.com